

# LABORERS HEALTH & WELLNESS



## 2025 FLU SHOT CLINICS

PICK  
3



### Preventive Physical

(Authorized Stamp,  
Billing Statement  
or \*EOB Required)



### Preventive Dental Visit

(Billing Statement  
or \*EOB Required)

REQUIRED  
in 2025-26



**MN Laborers  
Clinic Visit**  
**In-Person or Virtual**  
Schedule an appointment  
952-687-8100  
(Authorized Stamp Only)



### Flu Shot

(Authorized Stamp,  
Billing Statement  
or \*EOB Required)



### Benefits Day

2025 Benefits Day  
April 26th, 2025  
(Authorized Stamp Only)



### Vision Exam

(Billing Statement  
or \*EOB Required)

Note: Only health services rendered from 4/1/25 through 3/31/26 are eligible.

\*Explanation of Benefits (EOB) required and provided by service provider or health plan.

GET  
1

## Active & Retired Members

Are eligible for either a **Red Wing Shoe Voucher** or a **Dewalt Combo Kit**.



**RED WING  
SHOES**  
EST. 1905

- \$150 Voucher
- Visit an authorized Red Wing Dealer or [www.redwingshoes.com](http://www.redwingshoes.com)
- Choose from a variety of options



- 20V MAX Lithium-ion 1/2in. Drill
- 20V MAX Lithium-ion 1/4in. Impact Driver
- Two (2) 20V MAX Lithium-ion 1.3Ah Battery Packs
- Kit Includes Batteries, Charger & Contractor Bag

All prizes provided by Minnesota Laborers-Employers Cooperation & Education Trust

For dates and locations  
see reverse.

## Don't wait for the flu to find you this season!

Work toward your **PICK 3 GET 1** reward by getting a **FLU SHOT**  
at one of the Minnesota Laborers Flu Vaccine locations.

# 2025 Flu Shot Clinics

The **Minnesota Laborers Health & Welfare Fund** is making seasonal **Flu Shots** available for current Minnesota and North Dakota Laborers Union members and their eligible family members 2 years and older. **Call your local union hall to pre-register.**

## Schedule your Flu Shot today!

DATE	LOCATION	TIME	PHONE
Thursday Sept 11, 2025	Local 1097 - Grand Rapids MN - Moose Lodge	4:00-6:00 PM	218-741-3638
Thursday Oct 2, 2025	Local 563 - St. Cloud - St. Cloud Union Hall	3:00-5:30 PM	320-252-4363
Monday Oct 6, 2025	Local 563 - Minneapolis - Minneapolis Union Hall	2:00-6:00 PM	612-781-6933
Thursday Oct 9, 2025	Local 563 - Mankato - Mankato Union Hall	3:00-6:00 PM	507-388-3466
Thursday Oct 9, 2025	Local 1097 - Virginia - Virginia Union Hall	4:00-6:00 PM	218-741-3638
Tuesday Oct 14, 2025	Local 405 - Rochester - <b>NEW LOCATION!</b> 1838 2nd Ave SE, Rochester, MN 55904	3:00-5:00 PM	507-282-2349
Thursday Oct 16, 2025	Local 1091 - Duluth - Duluth Union Hall	3:00-6:30 PM	218-728-5151

Or schedule a visit at your  
**LABORERS HEALTH AND WELLNESS CLINICS**  
to get your flu shot.

### LABORERS HEALTH AND WELLNESS CLINICS

**Eagan Clinic** - 1519 Central Parkway, Eagan, MN 55121

**Hugo Clinic** - 14665 Mercantile Drive N., Hugo, MN 55038

**Rogers Clinic** - 13785 Rogers Dr., Rogers, MN 55374



**952.687.8100**

MINNESOTA LABORERS -  
EMPLOYERS COOPERATION & EDUCATION TRUST  
81 E. LITTLE CANADA ROAD  
ST. PAUL, MN 55117

**laborersfunds.org**

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PERMIT #27072  
TWIN CITIES, MN

### 2025 LABORERS FLU CLINIC PROTOCOLS:

- Do not attend if you are experiencing any flu like symptoms.
- **Pre-registration is required** - to ensure sufficient flu vaccinations for each location.
- Please provide LIUNA Membership Card & Laborers H&W Identification Card.
- For ages 65+, please indicate your intent of High Dose flu vaccination when scheduling.
- No Flu Shots administered to children under 2 years old.
- Consult your health care professional with regard to flu shot information.
- Walk-ins welcome, but subject to vaccine availability. Please pre-register if possible.